



## **CONSTRUCTION READY**

Construction Ready is a pre-apprenticeship training program designed for new apprentices to ensure they are work ready before they commence their apprenticeships.

The idea of this program is to give participants exposure to the language of the construction industry, to help them gain the knowledge and skills they need to help minimise health and safety risks.

The course runs over 2 days and sessions are held from 8.30am – 4.30pm.

## <u>Day 1</u>

Course Name	Course content and chiesting
Course Name	Course content and objectives WHS framework –
WHS in Construction	To gain understanding of the WHS Act and regulations and the responsibilities of all personnel working in the construction industry
	Safe work culture – Understanding the importance for developing and maintaining a safe work culture
	Risk Management — Gain understanding of how risk is managed in the construction industry, including how to develop and implement and interpret JSEA, SWMS, Slams
	Permits – Gain knowledge in the use of permits when required, confined space entry, working at heights, hot work and penetration
	Isolation and tag out — Able to identify when how where isolation may be part of a task, and the use of locks and tags
Prevent Injury Hazardous Manual Tasks	To establish methods to minimise the risk of injury to workers in the construction industry carrying out hazardous manual tasks in;
	Manual handling
	Adopting and maintaining good working postures
	Using correct manual handling practices
	Excessive noise
	Eye protection
	Chemical Handling (SDS)
	<ul> <li>Heat illness</li> <li>Controlling common risks</li> <li>Select, inspect and fit PPE</li> </ul>

## <u>Day 2</u>

Course Name	Course content and objectives
Asbestos Awareness	Enables participants to develop the knowledge of what asbestos is, possible asbestos containing materials, as well as a basic understanding of the regulations for the safe removal and disposal of asbestos.
	<ul> <li>Course Contents:</li> <li>Identify and describe different types of asbestos</li> <li>Identify likely ACMs and products</li> <li>Identify and control asbestos-related hazards</li> <li>Relate safe work methods to ACMs</li> <li>Appropriately and accurately report the presence of ACMs</li> <li>Describe the health risks, effects and preventative measures associated with asbestos exposure.</li> <li>Identify asbestos control, maintenance and emergency procedures</li> </ul>
Working Safely at Heights RIIWHS204D	This course is a national accredited course.  WSH course provides clear instruction and practical exercises on how to manage health and safety risks arising from falls. It includes information on a range of control measures to eliminate or minimise the risks and handle emergency situation. The emphasis of the course is for participants wishing to attain a qualification to meet the Work Health and Safety requirements when managing working at heights in the workplace.  Course Contents:  Fall Restraint Fall Arrest Forces of Falls Heights Equipment Rescue from Heights Suspension Intolerance Assessment

If you would like more information please contact Amy on 6210 2000 or <a href="mailto:amy@mbatas.org.au">amy@mbatas.org.au</a>